

## INFORMAȚII PERSONALE

Al Namat Razan



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Sexul feminin | Data nașterii 17.02.1988 | Naționalitatea Română -Iordaniană

### Locul actual de muncă

Conferentiar universitar asociat, coordonator al laboratorului de simulare, Universitatea Apollonia Iasi, 01.10.2025-prezent  
Medic specialist cardiolog, competenta in cardiologie interventionala, Spitalul Clinic Judetean de Urgenta „Sf. Apostol Andrei” Constanta, 01.01.2026-prezent  
Medic specialist cardiolog, competenta in cardiologie interventionala, Spitalul Monza Ares Constanta, 01.01.2026-prezent  
Medic specialist cardiolog, competenta in cardiologie interventionala, Spitalul Arcadia Iasi, 2023-prezent  
Medic specialist cardiolog, Clinica Velvet Iasi, 2025-prezent  
Medic specialist cardiolog, Clinica Cardiomed Iasi, 2024-prezent

### Experienta profesionala

Medic specialist cardiolog, competenta in cardiologie interventionala, Spitalul de Urgenta Sf. Ioan, Suceava, 01.01.2024-31.12.2025  
Asistent universitar, UMF ” Gr. T. Popa” Iasi, Facultatea de Medicina, Departament Medicina Interna, Spitalul Clinic Judetean de Urgente „ Sf. Spiridon” Iasi, 2017-01.10.2025  
Medic specialist cardiolog, Clinica Amamed, Iasi, 2022-2025  
Medic specialist cardiolog, Clinica MedLife, Iasi, 2022-2024  
Medic specialist cardiolog, Clinica Hermamed, Iasi, 2019-2022  
Director de proiect al grantului intern cu titlul „Impact of Covid-19 infection on patients with acute myocardial infarction candidates for coronary artery bypass grafting”, contract de finantare: 9992/10.05.2022  
Doctor in stiinte medicale (PhD din 2020)

### Numele si adresa angajatorului

Universitatea Apollonia din Iași  
Iasi, strada Pacurari, nr. 11, judetul Iasi, cod postal 700511

## EDUCATIE SI FORMARE

- Conferențiar universitar asociat, Universitatea Apollonia din Iasi, 01.10.2025- prezent
- Competența în Cardiologie Intervențională, 2021-2023.
- Director de proiect al grantului intern cu titlul „Impact of Covid-19 infection on patients with acute myocardial infarction candidates for coronary artery bypass grafting”, contract de finanțare: 9992/10.05.2022
  
- Studii postuniversitare- Doctor în științe medicale, PhD în domeniul Medicină Internă, Universitatea de Medicină și Farmacie „GR. T. POPA” Iași – Bursiera Ministerului Educației Naționale pentru ciclul de studii universitare de doctorat (la buget) conform Ordinul Ministerului Educației Naționale din 2014-2020.
- Medic specialist în specialitatea Cardiologie- Bursiera statului român, Ministerului Educației Naționale pentru ciclul de studii postuniversitare de specialitate, la Universitatea de Medicină și Farmacie „GR.T.POPA” Iași conform Ordinul Ministerului Educației și Cercetării Științifice nr. 73 din 2014-2019.
- Asistent Universitar, Facultatea de Medicină, Departament Medicală I, Disciplina Medicină Internă, Clinica de Cardiologie, Spitalul Clinic Județean de Urgențe „Sf. Spiridon” Iași ( 01.10. 2017 – 30.09.2025)
  
- Diploma de licență Doctor- Medic, Universitatea de Medicină și Farmacie „GR. T. POPA” Iași ( 2007-2013)
- Bursiera statului român, Ministerului Educației Naționale pentru ciclul de studii universitare de licență (la buget), la Universitatea de Medicină și Farmacie „GR.T.POPA” Iași, facultatea de Medicină Generală conform Ordinul Ministerului Educației și Cercetării Științifice din 2007 - 2008 (timp de 6 ani).
- Grant ESC (European Society of Cardiology) - 2019 în cadrul participării la (ESC) European Society of Cardiology Congress” Paris – Franța 2019
- Grant ESC (European Society of Cardiology) - 2019 în cadrul participării la (ACCA) Malaga – Spania 2019
- Premiul I SCR (Societatea Română de Cardiologie) - 2018 în cadrul participării la Congresul Societății Române de Cardiologie cu lucrarea Heart fatty acid binding protein (H-FABP) level in patients with chronic kidney disease and rehabilitation treatment after coronary artery bypass grafting.
- Bursele ESC (European Society of Cardiology) - 2015 în

cadrul participării la (ESC) European Society of Cardiology Congress” Londra – United Kingdom, cu lucrarea: Effect of Diosmin treatment on left ventricular systolic function in hypertensive patients with chronic venous insufficiency

- Membru activ – Asian Society of Interventional Cardiology-2025- prezent)
- Membru activ- European Society of Interventional Cardiology (2023-prezent)
- Membru activ – European Society of Cardiology (ESC) 07.03.2015 - până în prezent)
- Membru activ - Societatea Română de Cardiologie (SRC) (11.03.2015 – până în prezent)
- Certificat de Absolvire a cursului pregătit pentru învățarea Limbii române și însușirea terminologiei de specialitate, Universitatea „ALEXANDRU IOAN CUZA ” din Iași, facultatea de Litere. (2006- 2007)- bursiera statului român, Ministerului Educației Naționale pentru ciclul de studii universitare (la buget) conform Ordinul Ministerului Educației și Cercetării Științifice (timp de un an).
- Liceul cu profil real : The Jubilee School „King Hussein Foundation” Iordania (2003-2006).

Limba(i) maternă(e) Română – Arabă

Alte limbi străine cunoscute

	INTELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
Engleză	Avansat	Avansat	Avansat	Avansat	Avansat
Greacă	Mediu	Mediu	Mediu	Mediu	Mediu

Teza de doctorat

- Cercetari privind efectele medicatiei antioxidante si a recuperarii cardiovasculare la pacientii cu by-pass aorto-coronarian, angioplastie percutana transluminala sau infarct miocardic acut.

- Director de proiect al grantului intern cu titlul „Impact of Covid-19 infection on patients with acute myocardial infarction candidates for coronary artery bypass grafting”, contract de finantare: 9992/10.05.2022.

#### Cărți si capitole în cărți publicate

- **Al Namat Razan**, Vasile Burlui, Duceac Letitia Doina, Al Namat (Voiculet) Nadia, Rosca-Al Namat Dina, Rosca Romulus Adrian, Grigore Camelia, Duceac (Covrig) Madalina, Plesea-Condratovici Alina, Turcu Gabriela, Zlavog Ana Maria, Bogdan Pompiliu Mircea. Terminologie medicala utilizata in ingrijirea pacientului. NOTE DE STAGIU SEMIOLOGIE MEDICALA: PENTRU ASISTENTI MEDICALI. Ed. Cartea Romaneasca Educational, Iasi, 2026, ISBN 978-606-057-422-4: 15-26.
- **Al Namat Razan**, Vasile Burlui, Duceac Letitia Doina, Al Namat (Voiculet) Nadia, Rosca-Al Namat Dina, Rosca Romulus Adrian, Grigore Camelia, Duceac (Covrig) Madalina, Plesea-Condratovici Alina, Turcu Gabriela, Zlavog Ana Maria, Bogdan Pompiliu Mircea. Date obiective identificate de asistenta medicala la inspectia generala. NOTE DE STAGIU SEMIOLOGIE MEDICALA: PENTRU ASISTENTI MEDICALI. Ed. Cartea Romaneasca Educational, Iasi, 2026, ISBN978-606-057-422-4: 27-56.
- **Al Namat Razan**, Vasile Burlui, Duceac Letitia Doina, Al Namat (Voiculet) Nadia, Rosca-Al Namat Dina, Rosca Romulus Adrian, Grigore Camelia, Duceac (Covrig) Madalina, Plesea-Condratovici Alina, Turcu Gabriela, Zlavog Ana Maria, Bogdan Pompiliu Mircea. Manifestari clinice intalnite in multiple afectiuni. NOTE DE STAGIU SEMIOLOGIE MEDICALA: PENTRU ASISTENTI MEDICALI. Ed. Cartea Romaneasca Educational, Iasi, 2026, ISBN 978-606-057-422-4: 57-90.
- **Al Namat Razan**, Vasile Burlui, Duceac Letitia Doina, Al Namat (Voiculet) Nadia, Rosca-Al Namat Dina, Rosca Romulus Adrian, Grigore Camelia, Duceac (Covrig) Madalina, Plesea-Condratovici Alina, Turcu Gabriela, Zlavog Ana Maria, Bogdan Pompiliu Mircea. Modificari clinice caracteristice diferitelor sindroame. NOTE DE STAGIU SEMIOLOGIE MEDICALA: PENTRU ASISTENTI MEDICALI. Ed. Cartea Romaneasca Educational, Iasi, 2026, ISBN 978-606-057-422-4: 91-160.
- **Razan Al Namat**, Dina Rosca Al Namat, Letiția Duceac, Nadia Al Namat, Bogdan Elena Roxana Goroftei, Covrig Madalina Duceac, Ana Maria Zlavog, Adrian Romulus Rosca, Elena Țarcă. Impactul COVID-19 asupra pacienților cu infarct miocardic acut candidați pentru intervenția de bypass aorto-coronarian. PROBLEME ACTUALE DE DIAGNOSTIC SI TRATAMENT IN PEDIATRIE. Ed. PRINT-CARIO, 2025, ISBN 978-5-85748-321-3: 321-332.
- **Al Namat Razan**, Oana Madalina Manole, Viviana Onofrei. Evaluarea si reprezentarea parametrilor biologici in foaia de observatie. INGRIJIRI CALIFICATE IN MEDICINA

INTERNA, editia a II-a reviziuta si adaugita. Ed. "Gr. T. Popa" Iasi, 2024, ISBN 978-630-345-039-1: 7-20.

- Viviana Onofrei, **Al Namat Razan**, Oana Madalina Manole. Recomandari igieno-dietetice si educatia pacientului cu hipertensiune arteriala si insuficienta cardiaca. INGRIJIRI CALIFICATE IN MEDICINA INTERNA, editia a II-a reviziuta si adaugita. Ed. "Gr. T. Popa" Iasi, 2024, ISBN 978-630-345-039-1: 91-102.
- **Al Namat Razan**, Viviana Onofrei. Tipuri si cai de administrare a medicatiei in patologia digestiva. INGRIJIRI CALIFICATE IN MEDICINA INTERNA, editia a II-a reviziuta si adaugita. Ed. "Gr. T. Popa" Iasi, 2024, ISBN 978-630-345-039-1: 103-111.
- Dan Iliescu, Alexandru Cozma, **Razan Al Namat**, Viviana Aursulesei. Cardiomiopatia hipertrofica. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2023, ISBN 978-606-544-881-0: 341-352.
- Alexandru Cozma, Antoniu Octavian Petris, **Razan Al Namat**, Viviana Aursulesei. Cardiomiopatia restrictiva. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2023, ISBN 978-606-544-881-0: 353-362.
- Ovidiu Mitu, Ionut Tudorancea, **Razan Al Namat**, Antoniu Octavian Petris. Aneurismele aortei. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2023, ISBN 978-606-544-881-0: 657-662.
- Irina Iuliana Costache, **Al Namat Razan**, Iliescu Dan, Viviana Aursulesei. Tromboza venoasa profunda. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2023, ISBN 978-606-544-881-0: 707-714.
- Sorodoc Laurentiu, **Al Namat Razan**, Lionte Catalina, Sorodoc Victorita, et. al. Medicina Interna de la caz la caz. Ed. SEDCOM LIBRIS. Iasi, 2021, ISBN 978-606-13-6008-6.
- Larisa Anghel, **Al Namat Razan**, Ana Tanasa, Alexandru Burlacu, Igor Nedelciuc, Amin Bazyani, Paul Simion, Bogdan Artene, Magda Mitu, Maura-Gabriela Felea, Florin Mitu, Cristian Statescu. Complicatie cardiovasculara cu risc vital in intoxicatia cu insecticide organofosforice. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 12-20.
- Ana Tanasa, Larisa Anghel, **Al Namat Razan**, Simion Paul, Cristina Vlad, Radu Sascau, Magda Mitu, Alexandru Burlacu, Teodor Flavius Vasileu, Maura-Gabriela Felea, Florin Mitu, Cristian Statescu. O cauza non-ateromatoasa de sindrom coronarian acut-cardiomiopatia Tako-Tsubo sau sindromul inimii frante. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 162-170.
- Mircea Ovnez Balasarian, Ana Tanasa, Larisa Anghel, **Al Namat Razan**, Otilia Apetrei, Magda Mitu, Cezara Elena Raileanu, Florin Mitu, Radu Gavril, Radu Sascau, Cristian Statescu. Un caz de regurgitare mitrala moderata de cauza non-ischemica la un pacient de infarct miocardic acut inferior si prolaps de valva mitrala anterioara. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 171-183.

- Paul Simion, Nicusor Lovin, Amin Bazyani, Mihaela Grecu, Igor Nedelciuc, Alexandru Burlacu, Larisa Anghel, Oana Lovin, Bogdan Artene, **Razan Al Namat**, Andra Tanase, Ramona Ghenghea, Diana Cadar, Mona Akad, Magda Mitu, Florin Mitu, Grigore Tinica, Cristian Statescu. Persistenta venei cave superioare stangi, sinus coronar gigant si anomalie coronariana la un pacient tanar cu cardiomiopatie dilatativa. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 184-195.
- **Al Namat Razan**, Maura-Gabriela Felea, Igor Nedelciuc, Amin Bazyani, Alexandu Burlacu, Marius Adoamnei, Dan Nastasa, Nicusor Lovin, Liviu Macovei, Ionut Achitei, Paul Simion, Mona Akad, Bogdan Artene, Larisa Anghel, Ana Tanasa, Magda Mitu, Grigore Tinica, Florin Mitu, Cristian Statescu. La plimbare spre trunchiul arterei pulmonare. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 196-202.
- Bogdan Artene, Larisa Anghel, Otilia Apetrei, Amin Bazyani, Paul Simion, **Al Namat Razan**, Magda Mitu, Florin Mit, Cristian Statescu, Alexandru Burlacu. Luesul cardiovascular- complicatii acute in stadiul tardiv. Cazuri clinice comentate, editia a II-a. Ed. "Gr. T. Popa" Iasi, 2019, ISBN 978-606-544-609-0: 203-210.
- Dan Iliescu, Alexandru Cozma, **Razan Al Namat**, Viviana Aursulesei. Cardiomiopatia hipertrofica. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2019, ISBN 978-973-670-589-2: 351-362.
- Alexandru Cozma, Antoniu Octavian Petris, **Razan Al Namat**, Viviana Aursulesei. Cardiomiopatia restrictiva. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2019, ISBN 978-973-670-589-2: 363-372.
- Ovidiu Mitu, Ionut Tudorancea, **Razan Al Namat**, Antoniu Octavian Petris. Aneurismele aortei. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2019, ISBN 978-973-670-589-2: 667-672.
- Irina Iuliana Costache, **Al Namat Razan**, Iliescu Dan, Viviana Aursulesei. Tromboza venoasa profunda. Medicina interna, patologii respiratorii, cardiovasculare si hematologica. Ed. SEDCOM LIBRIS. Iasi, 2019, ISBN 978-973-670-589-2: 717-724.
- **Razan Al Namat**, Irina Iuliana Costache. Tromboembolism pulmonar asociat cu sindromul Susac. Tromboza si antitromboza. Ed. PIM. Iasi, 2018, ISBN 978-606-13-4517-5: 293-301.
- Viviana Aursulesei, **Razan Al Namat**. Tromboembolismul pulmonar venos. Patologie cardiovasculare si digestive. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 216-236.
- **Razan Al Namat**, Ionut Tudorancea. Inregistrarea parametrilor biologici in foaia de observatie. Patologie cardiovasculare si digestive. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 237-248.
- Ovidiu Mitu, **Razan Al Namat**. Medicatia cardiovasculara de urgenta. Patologie cardiovasculare si digestive. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 261-264.

- Ana- Maria Buburuz, **Razan Al Namat**. Punctia venoasa si punctia arteriala. Patologie cardiovasculara si digestiva. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 265-270.
- Ionut Tudorancea, **Razan Al Namat**. Pregatirea pacientului pentru masajul de sinus carotidian. Patologie cardiovasculara si digestiva. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 294-295.
- Viviana Aursulesei, **Razan Al Namat**. Recomandari igieno-dietetice si educatia pacientului cu hipertensiune arteriala si insufienta cardiaca. Patologie cardiovasculara si digestiva. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 314-325.
- **Razan Al Namat**, Ana-Maria Buburuz. Tipuri si cai de administrarea a medicatiei in patologia digestiva. Patologie cardiovasculara si digestiva. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 326-333.
- Ovidiu Mitu, **Razan Al Namat**. Pregatirea pacientului pentru explorarea aparatului digestiv inferior. Patologie cardiovasculara si digestiva. Ed. "Gr. T. Popa" Iasi, 2018, ISBN 978-606-544-545-1: 337-340.
- Irina Iuliana Costache, **Al Namat Razan**, Larisa Miftode. Reumatism articular acut. Curs de cardiologie, diagnostic si tratament. Ed. "Gr. T. Popa "Iasi, 2018, ISBN 978 -606-544-539-0: 7-19.

#### Articole publicate in reviste cotate ISI

- Namat, D.A.; Hînganu, D.; Roșca, A.R.; Lozneau, L.; Țarcă, E.; Namat, N.A.; **Namat, R.A.**; Hanganu, E.; Bernic, J.; Hînganu, M.V. Prenatal and Postnatal Determinants of Outcome in Neonates with Omphalocele: A 25-Year Single-Center Cohort Study. *J. Clin. Med.* **2026**, *15*, 3615.
- Namat, D.R.-A.; Rosca, A.R.; Hînganu, D.; Lozneau, L.; Lupu, F.C.; Hanganu, E.; Tarca, E.; Bernic, J.; Namat, N.A.; **Al Namat, R.**; et al. Ultrastructural and Immunohistochemical Alterations in Muscle and Vascular Tissues in Patients with Omphalocele. *Int. J. Mol. Sci.* **2026**, *27*, 1460.
- D. Al Namat, R. A. Rosca, **R. Al Namat**. Omphalocele and Associated Anomalies: Exploring Pulmonary Development and Genetic Correlations—A Literature Review. *MDPI. Diagnostics.* **2025**, *15*, 675.
- **R. Al Namat**, L. D. Duceac, L. Chelaru, et al. The Impact of COVID-19 Vaccination on Oxidative Stress and Cardiac Fibrosis Biomarkers in Patients with Acute Myocardial Infarction (STEMI), a Single-Center Experience Analysis. *MDPI. Life.* **2024**, *14*, 1350.
- **R. Al Namat**, L. D. Duceac, L. Chelaru, et. al. Post-Coronary Artery Bypass Grafting Outcomes of Patients with/without Type-2 Diabetes Mellitus and Chronic Kidney Disease

Treated with SGLT2 Inhibitor Dapagliflozin: A Single-Center Experience Analysis. *MDPI. Diagnostics*. 2024, 14(1), 16.

- E. Tarcă, D. Al Namat, A. C. Luca, V. V. Lupu, **R. Al Namat**. Omphalocele and Cardiac Abnormalities—The Importance of the Association. *MDPI. Diagnostics*. 2023; 13: 1413.
- **R. Al Namat**, D. Al Namat, M. Ciocoiu, et. al. H-FABP Levels and Psycho-Emotional Improvement of CABG Patients during Cardiac Rehabilitation. *J Cardiovasc Dev Dis*. 2022 Jul 28;9(8):242.
- A. Bazyani, **R. Al Namat**, M. G. Felea, et. al. QRISK2 Score in CABG Patients Correlated with Risk Factors. *REV.CHIM. (Bucharest)*, 2019, 70 (5): 1676-1680.
- **R. Al Namat**, M. Felea, I. Costache, et al. HEART-TYPE FATTY ACID-BINDING PROTEIN (H-FABP) IN PATIENTS WITH TYPE 2 DIABETES BENEFICIARIES OF REHABILITATION PROGRAM POST CORONARY ARTERY BYPASS GRAFTING. *REV.CHIM. (Bucharest)*, 2018, 69 (10): 2712-2717.
- **R. Al Namat**, M. Constantin, I. Miftode, et al. Biochemical Markers in Patients with Readmission for Congestive Heart Failure. *REV.CHIM. (Bucharest)*, 2018, 69 (7): 1687-1691.
- V. Aursulesei, A. Manta, **R. Al Namat**, M. Hugianu, A. Moloce, V. Aursulesei, M. Constantin. The Relation of the Body Mass Index to the Biochemical Parameters and the Profile of Heart Failure. *REV.CHIM. (Bucharest)*, 2018, 69 (7): 1673-1677.
- V. CALBOREAN, V. GHEORMAN, **R. AL NAMAT**, et al. QT INTERVAL ANALYSIS IN PATIENTS WITH CHRONIC LIVER DISEASE. *REV.CHIM. (Bucharest)*, 2018, 69 (5): 1134-1138.
- C. PADURARU, N. FILIP, **R. NAMAT**, et al. EVALUATION OF THE EFFECTS OF A PINUS BRUTIA BARK EXTRACTON BIOCHEMICAL PARAMETERS AND BLOOD PRESSURE. *REV.CHIM. (Bucharest)*, 2018, 69 (7): 1718-1721.
- I. COSTACHE, I. GARLEANU, R. NAMAT, et al. Correlations Between Biochemical Profile and Echocardiographic Parameters in Patients with Cirrhosis of the Liver Without Previous Cardiovascular Abnormalities. *REV. CHIM. (Bucharest)*, 2018, 69 (8): 2213-2216.
- R. BARZOI, E. REZUS, C. BADESCU, **R. AL NAMAT**, M. CIOCOIU. The Impact of Proinflammatory Cytokines of Rheumatoid Polyarthritis on the Generalized Loss of Bone Mass. *REV. CHIM. (Bucharest)*, 2018, 69 (9): 2541-2545.
- V. AURSULESEI, E. ANISIE, A. ALECSA, M. CONSTANTIN, **R. AL NAMAT**. CIRCULATING CHEMERIN IS ASSOCIATED WITH SUBCLINICAL ATHEROSCLEROSIS IN OBESITY. *REV.CHIM. (Bucharest)*, 2017, 68 (3): 541-544, ISSN 2537-5733.
- I. COSTACHE, **R. NAMAT**, F. MITU, M. CIOCOIU, V. AURSULESEI, O. MITU, A. COSTACHE, D. MARCU, A. BUBURUZ: "The Prognostic Value of the Left Bundle Branch

Block and Biochemical Parameters in Alcoholic Dilated Cardiomyopathy ", *REV.CHIM. (Bucharest)*, 2017, 68 (12): 2967-2969.

- **R. AL NAMAT**, V. AURSULESEI, M. FELEA, et al. Heart-Type Fatty Acid Binding Protein (H-FABP) in Patients with Coronary Artery Bypass Graft Surgery undergoing Cardiac Rehabilitation Program. *REV. CHIM. (Bucharest)*, 2017, 68 (7): 1485-1489, ISSN 2537- 5733.
- V. CALBOREAN, V. GHEORMAN, **R. AL NAMAT**, et al. The Association Between Stress Level and Laboratory Parameters, Sex, Age and Stage Disease in Patients with Digestive and Bronchopulmonary Neoplasms. *REV. CHIM. (Bucharest)*, 2017, 68 (12): 3010-3014.
- **R. AL NAMAT**, I. COSTACHE, M. FELEA, et al. Lipid Profiles And Framingham Risk Score In Patients With Coronary Artery ByPass Graft Surgery Undergoing Cardiac Rehabilitation Program. *REV.CHIM. (Bucharest)*, 2017, 68 (10): 2219-2230, ISSN 2537-5733.
- I. COSTACHE, F. MITU, **R. AL NAMAT**, et al. Is There a Link Between Clopidogrel Resistance and Common Risk Factors for Atherosclerosis in Patients with Acute Coronary Syndrome?. *REV.CHIM. (Bucharest)*, 2017, 68 (11): 2726-2730, ISSN 2537-5733.
- I. COSTACHE, C. COSTEA, V. FOTEA, V. RUSU, V. AURSULESEI, **R. AL NAMAT**, et al. Morphological and functional renovascular changes as cause of resistant arterial hypertension - case report and literature review. *Rom J Morphol Embryol*. 2018; 59 (1): 323-328.

#### [Abstracte publicate in reviste cotate ISI](#)

- O. Mitu, A. Petris, S. Redwood, E. Cazacu, D. Gaita, M. Iurciuc, M. Roca, M.M. Leon-Constantin, R.S. Gavril, I. Mitu, I. Costache, V. Aursulesei, **R. Al Namat Razan**, C. Dimitriu, L. Trandafir, F. Mitu. Increased cardiovascular risk scores predict the presence of subclinical atherosclerosis in asymptomatic population: a cross-sectional comparative study between multiple risk scores. *Atherosclerosis*, 2019.
- **R. AL NAMAT**, A. PETRIS, M. FELEA, et al. Psychological Evaluation by Using Hamilton Depression and Anxiety Rating Scales in Coronary Artery Bypass Grafting Patients Undergoing Cardiovascular Rehabilitation Treatment. *European journal of preventive cardiology*, 2018.
- O. Mitu, A.O. Petris, M. Roca, I. Costache, **R. Al Namat**, et al. THE RELATIONSHIP BETWEEN SUBCLINICAL CARDIOVASCULAR DISEASE ASSESSMENT AND SCORE RISK IN ASYMPTOMATIC POPULATION. *European journal of preventive cardiology*, 2018.

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#### Prezentari de tip poster

- **R. Al Namat**, A. Ion, I.L. Miftode, R. Miftode, V. Aursulesei, A. Darie, A. Petriș, I. Costache. Reason for readmission of patients with congestive heart failure -National Congress of Cardiology, 2018.
- **AL NAMAT R**, PETRIS A, FELEA MG, COSTACHE I, AURSULES V, NAMAT N, NAMAT D, CONSTANTIN M, POPESCU E, MITU O, MITU F. "Psychological Evaluation by Using Hamilton Depression and Anxiety Rating Scales in Coronary Artery Bypass Grafting Patients Undergoing Cardiovascular Rehabilitation Treatment "- poster-EuroPrevent- 2018.
- O. Mitu, A.O. Petris, E. Cazacu, M. Roca, M.M. Leon-Constantin, R.S. Gavrila, I. Mitu, **R. Al Namat**, F. Mitu. Framingham or score risk – useful markers for predicting arterial stiffness in apparently healthy population?. poster- EuroPrevent- 2018.

- **Al Namat Razan**, Felea Maura Gabriela, Ghiciuc Cristina, Lupusoru Cătălina Elena, Mitu Ovidiu, Tinica Grigore, Mitu Florin. GRACE and CRUSADE Scores in patients with coronary artery bypass grafting undergoing rehabilitation treatment. National Congress of Cardiology, 2016.
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- **Al Namat R**, GHICIUC C, CE LUPUSOR, MITU O, TINICA G, MITU F. Effects of cardiovascular rehabilitation treatment after coronary artery bypass grafting. National Congress of Cardiology, 2015.

➤ [Congrese nationale si internationale:](#)

1. Workshop Urgente in Cardiologie. Editia XXXVI-a a Congresului International "Pregatim viitorul promovand excelenta" a Universitatii Apollonia din Iasi, 2026.
2. EuroPCR – Paris- 2025.
3. AICT-AsiaPCR- Singapore-2025.
4. Congresiss Iasi, workshop of „interventional cardiology skills”, Iasi 2024.
5. Congresiss Iasi, workshop of „intewrvventional cardiology skills”, Iasi 2023.
6. Congress of Cardiovascular Surgery- Chigaco- USA- 2023.
7. Congress of Cardiovascular Disease- Sapporo-Japan-2023.
8. ESC „European Society of Cardiology Congress" – Paris- 2019.
9. ESC (ACCA) - Malaga – Spania - 2019.
10. Congress of EuroEcho Imaging – Milano- 2018.
11. National Congress of Cardiology – Sinaia- 2018.
12. Congress of Europrevent – Slovenia, 2018.
13. National Congress of Internal Medicine - Calimanesti - Caciulata 2018.
14. Conference "Days of Recovery Hospital" Iasi, 2018.
15. National Congress of Cardiology – Sinaia- 2017.
16. National Congress of Internal Medicine - Calimanesti - Caciulata 2017.
17. Conference "Days of Recovery Hospital" Iasi, 2017.

18. Congress of EuroEcho Imaging – Germany , 2016.
19. Congress of the National Society of Family Medicine 2016.
20. Conference "Days of Recovery Hospital" Iasi, 2016.
21. National Congress of Cardiology – Sinaia- 2016.
22. Approach to Metabolic Risk in the 21st Century - Actualities in Prevention and Recovery of Cardiometabolic Syndrome - National Congress of Internal Medicine - Calimanesti - Caciulata 2016.
23. Rehabilitation treatment after coronary artery bypass grafting - Conference "Days of Recovery Hospital" Iasi, 2015.
24. Positive effects of cardiovascular rehabilitation in patients with aortocoronary bypass grafting - Congressis Iasi, 2015.
25. Active Participant at Congressis Iași, "International Congress for Medical Students and Young Doctors" - 2015.
26. Active Participant at "ESC European Society of Cardiology Congress" London - United Kingdom - 2015.
27. Active participant at the Conference "Days of the Clinical Recovery Hospital" Iasi - 2015.
28. Active participant at the National Congress of Internal Medicine, Călimănești - Căciulata - 2015.
29. Active participant at the 54th National Congress of Cardiology Sinaia - 2015.
30. Diploma of the program for the stimulation of scientific research - 2015.
31. 9-11 April 6-9 December 2012 - active participant, "Gastrointestinal Tumors" at the National Congress for Students and Young Physicians, 14th Edition, Bucharest.
32. The "Dr. HOUSE" Diploma obtained through the competition due to the active involvement and resolution of the clinical and paraclinical diagnostic tests at the National Congress for Students and Young Physicians, XIVth Edition, Bucharest - 2012.
33. Workshop Nodes and Surgical Sutures - Bucharest - 2012.
34. 8-11 November 2012 - active participant, "Metastatic Malignant Melanoma" at XIV Craiova International Medical Students Conference.
35. Surgical Nodes and Sutures Workshop - Bucharest - 2012.
36. 24-26 October 2012 - Certificate of attendance "Prime course for healthcare students whole medicine in practice".
37. 2009 - Passive participant at the International Congress for Students and Young Physicians Iasi.

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